

Vanilla Smoothie Mix

Nutrition Facts

Serving Size (30g) / 53CC Scoop
Makes 8 fl oz (240mL) drink

Amount Per Serving

Calories 150 **Calories from Fat** 60

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 85mg **4%**

Total Carbohydrate 19g **6%**

Dietary Fiber 0g **0%**

Sugars 13g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Nondairy creamer [partially hydrogenated coconut oil, corn syrup solids, sodium caseinate (a milk derivative), sugar, dipotassium phosphate, propylene glycol esters of fatty acids, mono- and diglycerides, sodium silicoaluminate, salt, soy lecithin, carrageenan, artificial flavor and color], sugar, nonfat dry milk, maltodextrin, natural and artificial flavors [including sucrose, maltodextrin, tricalcium phosphate (anticaking)].

Allergens: Contains milk, soy.

- 0 Grams Trans Fat per Serving
- Gluten Free