

Cookies & Cream

Nutrition Facts

Serving Size (40g) / 70CC Scoop
Makes 8 fl oz (240mL) drink

Amount Per Serving

Calories 190 **Calories from Fat** 70

% Daily Value*

Total Fat 8g **12%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 90mg **4%**

Total Carbohydrate 29g **10%**

Dietary Fiber 1g **4%**

Sugars 20g

Protein 1g

Vitamin A 0% • **Vitamin C** 0%

Calcium 2% • **Iron** 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300g	300g
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Nondairy creamer [coconut oil, corn syrup solids, sodium caseinate (a milk derivative), sugar, dipotassium phosphate, silicon dioxide, propylene glycol esters of fatty acids, mono- and diglycerides, salt, soy lecithin, carrageenan, artificial color and flavor], sugar, cookie base [enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin b1}, riboflavin {vitamin b2}, folic acid), sugar, high oleic canola oil and/or soybean oil, cocoa (processed with alkali), high fructose corn syrup, baking soda, salt, soy lecithin (emulsifier), chocolate, vanillin], fructose, maltodextrin, natural and artificial flavors, cocoa (processed with alkali), xanthan gum.

Allergens: Contains milk, soy, wheat.

- 0 Grams Trans Fat per Serving
- No Hydrogenated Oils