NUTRITION FACTS

Serving Size 4 FL OZ (120mL)
Servings Per Container About 16

Amount Per Serving	
Calories 230	Calories from Fat 20
% Daily Value*	
Total Fat 2g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**2%**
Sodium 15mg	**1%**
Total Carbohydrate 54g	**18%**
Dietary Fiber 1g	**4%**
Sugars 24g	
Protein 1g	

Vitamin A	0%	Vitamin C	100%
Calcium	0%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SWEETENED CRUSHED PINEAPPLE IN JUICE (SUGAR, CRUSHED PINEAPPLE, PINEAPPLE JUICE), WATER, PINEAPPLE JUICE CONCENTRATE, MALTODEXTRIN, COCONUT MILK, CORN STARCH, NATURAL FLAVOR, CELLULOSE GUM, ASCORBIC ACID (VITAMIN C), XANTHAN GUM, MALIC ACID, SODIUM CASEINATE (A MILK DERIVATIVE), PECTIN, GUAR GUM.

CONTAINS MILK, TREE NUTS (COCONUT)